

Before Anesthesia

- Before intravenous sedation, do not eat or drink anything six to eight hours prior to surgery. This includes water. If you take routine oral medications, please check with your surgeon for specific instructions. Do not smoke for 12 hours prior to surgery. It would be ideal to cut down or quit prior to your procedure.
- Wear loose fitting clothing with sleeves that can be rolled up. Do not wear high heels. Lipstick, nail polish and excessive make up should be avoided. Contact lenses, jewelry and dentures must be removed.
- If you are ill with stomach upset, a cold, fever, or sore throat, please notify your surgeon's office prior to your arrival.
- A responsible adult must accompany you to the office for surgery. The family member or friend must remain in the office throughout the duration of your procedure, and then drive you home. Do not drive or operate machinery within 24 hours of intravenous sedation.